

DIRECTORY OF SENIORS' CENTRES IN ALBERTA



Directory of Seniors' Centres in Alberta

**If you have any questions or require additional information,
please call the Alberta Supports Contact Centre toll-free
at 1-877-644-9992 or 780-644-9992 in Edmonton**

**Government
of Alberta ■**



Message from the Minister

As the Minister of Seniors and Community Supports, I am pleased to provide you with this *Directory of Seniors' Centres in Alberta*. Seniors are a priority of this government and the directory is one of many initiatives by the provincial government to encourage and support the independence, well-being and inclusion of seniors across the province.

This directory was developed to help seniors and their families access information about programs and services that reduce isolation and support seniors to stay active and involved in their communities.

No matter what our age, belonging to a community contributes to a better quality of life. I encourage seniors to use this directory and discover opportunities available in their communities—join a league or a club, meet interesting people and experience something new.

I am very thankful for the contributions that seniors make to our communities and hope this directory is a useful resource to support a healthy and productive life

Sincerely,

Mary Anne Jablonski
Minister
Seniors and Community Supports

Directory Criteria

Seniors' centres included in the directory have met certain criteria. The centres must be not-for-profit and offer at least one on-going service or activity designed for seniors. Only those centres that submitted a completed questionnaire were considered for inclusion in the directory.

Keeping Information Current

The information contained in this document is subject to change. New seniors' centres emerge and others move or disband. Updates will continue to be made to the website version of the directory at www.seniors.alberta.ca. To request a copy or to offer updates, please contact Alberta Seniors and Community Supports by mail, telephone or fax:

Alberta Seniors and Community Supports
Seniors Services Division
Client and Information Services
Box 3100
Edmonton, Alberta T5J 4W3

Fax: (780) 422-8762

Telephone: **Alberta Supports Contact Centre**
Toll-free: 1-877-644-9992
Edmonton and Area: (780) 644-9992

Acknowledgements

Thank you to all the organizations that took the time to provide their information.

Note

The seniors' centre street address is provided when available; however the postal code reflects the mailing address. Please contact the centre for complete mailing address if required.

Categories Used

Services and programs described in the directory are listed in categories. The centre must offer at least one related service for the category to be listed. The following is a list of the categories with examples:

Service / Category	Description / Examples
Assistance	<ul style="list-style-type: none"> • Assistance with forms (i.e. provincial, income tax) • Referrals for home help (i.e. handyman) • Referrals to other organizations • Legal services (i.e. Commissioner of Oaths) • Advocacy services
Computer	<ul style="list-style-type: none"> • Computers for member use and / or internet access
Facility Rental	<ul style="list-style-type: none"> • Facility rental to members and others
Food	<ul style="list-style-type: none"> • Food (i.e. drop in coffee, cafeteria, dinners) • Food bank, Meals on Wheels, catering services
Health	<ul style="list-style-type: none"> • Health support clinics (i.e. flu, cholesterol) • Home care (i.e. shopping assistance) • Support services (i.e. counselling, support groups)
Information	<ul style="list-style-type: none"> • Education services (i.e. guest speakers, displays) • Information services (i.e. resource library)
Outreach	<ul style="list-style-type: none"> • Friendly visits or calls • Community presentations about the centre
Recreation	<ul style="list-style-type: none"> • Arts and crafts (i.e. craft classes, painting) • Clubs (i.e. book, travel groups) • Fitness (i.e. walking, tai chi) • Music and theatre (i.e. choir) • Sport and recreation (i.e. curling, board games) • Dance (i.e. line dancing, square dancing)
Transportation	<ul style="list-style-type: none"> • Volunteer drivers and / or handi-van
Other	<ul style="list-style-type: none"> • Anything not covered above (i.e. abuse shelter, courses offered, thrift store operated, newsletter distributed)

To find out more about the exact nature of services and programs offered, please contact the seniors' centre directly.

ACME

Acme Seniors Association

412 Main St
Acme AB, T0M 0A0
Phone: (403) 546-2154

Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Outreach •Recreation

AIRDRIE

Airdrie Over 50 Club

101, 275 Jensen Dr NE
Airdrie AB, T4B 1P7
Phone: (403) 948-9505
Email: jimdice@telus.net

Hours: 6 days a week
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation •Other

ALBERTA BEACH

Alberta Beach and District Seniors Club

5012 49 Ave
Alberta Beach AB, T0E 0A0
Phone: (780) 924-2348

Minimum Age: 50
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

ASHMONT

Ashmont Senior Citizens Club

PO Box 255
Ashmont AB, T0A 0C0
Phone: (780) 726-3280

Hours: 1:00-4:00 pm one day weekly
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Health •Recreation

ATHABASCA

Athabasca & District Senior Citizen's Society

4810 48 St
Athabasca AB, T9S 1V8
Phone: (780) 675-2982
Email: atsenior@telus.net

Hours: 9:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

BANFF

Banff Senior Centre

107 Bear St
Banff AB, T1L 1B9
Phone: (403) 762-4830
Fax: (403) 762-4830

Hours: Mon-Fri: 2:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Recreation
●Transportation

BARONS

Barons Senior Citizen Society

129 Main St
Barons AB, T0L 0G0
Phone: (403) 757-2022
Email: j_dper@hotmail.com

Hours: Mon, Wed, Fri: Afternoons
Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Recreation

BARRHEAD

Barrhead & District Senior Citizens Society

5437 49 St
Barrhead AB, T7N 1A3
Phone: (780) 674-3251

Hours: Open for events
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation

BASHAW

Bashaw Golden Age Club

5001 50 St
Bashaw AB, T0B 0H0
Phone: (780) 372-3801

Hours: Mon, Wed, Thurs, Fri: 1:00-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Information ●Outreach
●Recreation

BASHAW

Buffalo Lake Golden Age Club

Main St
Bashaw AB, T0B 0H0
Phone: (780) 372-4395

Hours: 9:00 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

BASSANO

Bassano Damsiters Drop-In-Centre

202 2 Ave
Bassano AB, T0J 0B0
Phone: (403) 641-2119

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

BAWLF

Bawlf Senior Citizens Society

212 Hanson St
Bawlf AB, T0B 0J0
Phone: (780) 373-3762
Fax: (780) 373-3762

Hours: Wed: 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

BEAUMONT

St Vital Senior's Centre

5204A 50 Ave
Beaumont AB, T4X 1E3
Phone: (780) 929-6708

Hours: Mon-Sat: 9:00-11:00 am
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

BEAVERLODGE

Beaverlodge Senior Citizens Association

301 10 St
Beaverlodge AB, T0H 0C0
Phone: (403) 354-3000
Fax: (403) 354-3000

Hours: Mon-Fri
Minimum Age: 60
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach
•Recreation

BEISEKER

Golden Years Town and Country Club

411 5 St
Beiseker AB, T0M 0G0
Phone: (403) 947-2222
Fax: (403) 947-2540
Email: vera@lampsoncanada.com

Hours: 12:00-10:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

BELLEVUE

Bellecrest Senior Citizens Club

12843 20 Ave
Bellevue AB, T0K 0C0
Phone: (403) 564-4920

Minimum Age: 50
Annual Membership Fee: \$3.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health

BENTLEY

Bentley Drop-In Centre

4918 50 Ave
Bentley AB, T0C 0J0
Phone: (403) 748-4941
Email: mmhh@telusplanet.net

Hours: Tues: 2:00-4:00 pm
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Recreation •Transportation

BERWYN

Berwyn Golden Age Club

5110 51 St
Berwyn AB, T0H 0E0
Phone: (780) 338-3750
Fax: (780) 338-3750

Hours: Mon-Sat
Minimum Age: 55
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

BEZANSON

Bezanson Golden Years Club

PO Box 178
Bezanson AB, T0H 0G0
Phone: (780) 532-6245

Minimum Age: 55
Annual Membership Fee: \$5.00

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation

BIG VALLEY

Big Valley Drop-In Centre

144 Main St
Big Valley AB, T0J 0G0
Phone: (403) 876-2650
Email: hstuber@xplornet.com

Hours: 8:00-10:00 am, 1:00-4:00 pm,
7:00-10:00 pm
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

BLACK DIAMOND

Griffiths Memorial Senior Center

122 Government Rd S
Black Diamond AB, T0L 0H0
Phone: (403) 933-7945
Email: BilFirth@telus.net

Hours: 5 days a week
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

BLACKFALDS

Blackfalds Seniors' Cheemo Club

5018 Waghorn St
Blackfalds AB, T0M 0J0
Phone: (780) 755-0322

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Outreach •Recreation

BLACKFOOT

Blackfoot and District Golden Slippers Association

5202 51 Ave
Blackfoot AB, T0B 0L0
Phone: (780) 875-5151

Hours: Tues: 1:00-3:30 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation
•Transportation •Other

BON ACCORD

Jewell Box

4916 52 St
Bon Accord AB, T0A 0K0
Phone: (780) 921-2427

Hours: Wed: 1:00-3:30 pm
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

BONNYVILLE

Bonnyville Senior Citizens Drop-In Centre

4813 47 Ave
Bonnyville AB, T9N 1M4
Phone: (780) 826-3619
Fax: (780) 826-4032
Email: scdic@telus.net
Website: www.bonnyvillesseniors.ca

Hours: 12:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

BOW ISLAND

Golden Age Club

210 5 Ave E
Bow Island AB, T0K 0G0
Phone: (403) 545-2992

Hours: Mon-Fri: 4 hours per day
Minimum Age: 70
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Food •Recreation

BOWDEN

Bowden Friendship Club

PO Box 496

Bowden AB, T0M 0K0

Phone: (403) 224-2393

Minimum Age: 40

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Recreation ●Transportation

BOYLE

Boyle & District Seniors Association

PO Box 219

Boyle AB, T0A 0M0

Phone: (780) 689-3977

Hours: Mon-Fri: 1:00-5:00 pm

Minimum Age: 50

Annual Membership Fee: \$15.00

Services: ●Facility Rentals ●Food ●Health ●Recreation

BRAGG CREEK

Bragg Creek Snowbirds Seniors Fellowship

19 Balsam Ave

Bragg Creek AB, T0L 0K0

Phone: (402) 949-3313

Minimum Age: 50

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation ●Transportation

BRETON

Breton Golden Age Center

5020 50 Ave

Breton AB, T0C 0P0

Phone: (780) 696-3894

Minimum Age: 55

Annual Membership Fee: \$6.00

Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Recreation ●Transportation

BROOKS

Brooks & District Seniors Outreach Society

1D-333 2 St W
Brooks AB, T1R 1B6
Phone: (403) 362-4131
Fax: (403) 362-6736
Email: seniors.outreach@telus.net
Website: www.seniorsoutreach.org

Hours: 8:30 am-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$12.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Transportation •Other

Prairie Pioneer's Club

511 2 St W
Brooks AB, T1R 0E8
Phone: (403) 362-4102

Hours: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

BRUDERHEIM

Bruderheim Senior's Drop In Centre

PO Box 344
Bruderheim AB, T0B 0S0
Phone: (780) 796-3055
Fax: (780) 796-3491
Email: virginia.differenz@shaw.ca

Hours: Mon-Fri: 10:00 am-12:00 pm, 7:00-9:00 pm; Sat-Sun: 1:00-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach
•Recreation

BUCK LAKE

Buck Lake Seniors Citizens Drop-In Center

PO Box 112
Buck Lake AB, T0C 0T0
Phone: (780) 388-3044

Minimum Age: 55
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

BYEMOOR

Endmoor Drop-In Society

PO Box 117
Byemoor AB, T0J 0L0
Phone: (403) 579-2282

Minimum Age: 50
Annual Membership Fee: \$3.00
Wheelchair Accessible

Services: •Health •Recreation

CALAHOO

Calahoo Golden Agers

Calahoo Fire Department Building
Calahoo AB, T0G 0J0
Phone: (780) 967-3346

Minimum Age: 75
Annual Membership Fee: \$10.00

Services: •Recreation •Transportation

CALGARY

Aboriginal Seniors Gathering Place

164-3359 27 St NE
Calgary AB, T1Y 5E4
Phone: (403) 270-9351
Fax: (403) 270-9371

Hours: Tues, Wed, Thurs: 9:00 am-5:00 pm
Wheelchair Accessible

Email: contact@ghostriverrediscovery.com
Website: www.ghostriverrediscovery.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

Bowness Seniors Centre

6422 35 Ave NW
Calgary AB, T3B 1S6
Phone: (403) 286-4488
Fax: (403) 202-2695

Hours: Mon-Fri: 9:00 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$18.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

CALGARY

Brentwood Community 55+ Group

1520B Northmount Dr NW
Calgary AB, T2L 1V3
Phone: (403) 284-3477
Fax: (403) 284-3951
Email: brntwdca@telusplanet.net
Website: www.brentwoodcommunity.com

Hours: Wed: 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$12.50
Wheelchair Accessible

Services: •Facility Rentals •Recreation

Calgary Chinese Elderly Citizens' Association

111 Riverfront Ave SW
Calgary AB, T2P 4Y8
Phone: (403) 269-6122
Fax: (403) 269-1951
Email: cceca@cceca.ca
Website: www.cceca.ca

Hours: Mon-Sat: 9:00 am-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Other

Calgary Vietnamese Canadian Seniors Citizen Association

1840 47 St SE
Calgary AB, T2B 1L2
Phone: (403) 272-2788
Fax: (403) 272-9830
Email: caonienvn@shaw.ca;
vietdcorporation@aol.com

Hours: Mon, Wed, Fri: 1:30-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00

Services: •Computer •Outreach •Recreation

Confederation Park 55+ Activity Centre

2212 13 St NW
Calgary AB, T2M 4P7
Phone: (403) 289-4780
Fax: (403) 289-2028
Email: confedparksrcentre@shaw.ca

Hours: Mon-Fri: 8:30 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

CALGARY

Dutch-Canadian Club of Calgary

300-7930 Bowness Rd NW
Calgary AB, T3B 0H2
Phone: (403) 247-1232
Website: dutchclubcalgary.com

Hours: Evenings
Annual Membership Fee: \$45.00
Wheelchair Accessible

Services: •Recreation

Family Leisure Centre Seniors Club

11150 Bonaventure Dr SE
Calgary AB, T2J 6R9
Phone: (403) 256-3710
Fax: (403) 256-3710
Email: rleft@shaw.ca
Website: www.flcseniors.ca

Hours: Mon-Sun: 8:00 am-11:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Outreach •Recreation •Other

Forge Senior Citizens Club

Flr 2-4885 Hubalta Rd SE
Calgary AB, T2A 7R7
Phone: (403) 288-3371

Hours: 12:00-2:30 pm
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Food •Health •Recreation •Transportation

Golden Age Club

610 8 Ave SE
Calgary AB, T2G 0M1
Phone: (403) 262-6342
Fax: (403) 262-9395
Website: www.downtowncentre.ab.ca

Hours: Mon-Fri: 8:00 am-4:00 pm, Sat:
12:00-5:00 pm
Minimum Age: 35
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

Greater Forest Lawn Senior Citizens' Society

3425 26 Ave SE
Calgary AB, T2B 2P2
Phone: (403) 272-4661
Fax: (403) 272-6153
Email: gfls.coord@shawcable.com
Website: www.gfls.org

Hours: Mon-Thurs: 8:00 am-4:00 pm, Fri:
8:00 am-12:00 pm
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation •Transportation •Other

CALGARY

Highwood Seniors

16 Harlow Ave NW
Calgary AB, T2K 6J7
Phone: (403) 282-1030

Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Information •Outreach •Recreation

Huntington Pioneers Association Drop In Centre

520 78 Ave NW
Calgary AB, T2K 0S2
Phone: (403) 275-4294
Fax: (403) 275-5227
Email: pioneers50@telus.net

Hours: Tues, Thurs: 10:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Computer •Recreation

Inca Senior Citizens Society

215-3770 Westwind Dr NE
Calgary AB, T3J 5H3
Phone: (403) 285-3825
Fax: (403) 285-3825

Hours: Mon-Sun: 12:00-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

Inglewood Silver Threads Association

1311 9 Ave SE
Calgary AB, T2G 0T2
Phone: (403) 264-1006
Fax: (403) 261-2987
Email: silthreads@canada.com

Hours: 9:30 am-2:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

Kerby Centre

1133 7 Ave SW
Calgary AB, T2P 1B2
Phone: (403) 265-0661
Fax: (403) 705-3211
Email: info@kerbycentre.com
Website: www.kerbycentre.com

Hours: Mon-Fri: 8:00 am-4:30 pm, Shelter:
24 hours, 7 days a week
Minimum Age: 55
Annual Membership Fee: \$18.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Other

CALGARY

Know Your Neighbor Club

924 Heritage Dr SW
Calgary AB, T2V 2W7
Phone: (403) 225-2362
Email: hcdoug@telus.net

Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Facility Rentals •Information

Le Club de l'Amitié

1717 5 St SW
Calgary AB, T2S 2A8
Phone: (403) 285-4766

Hours: Fri: 7:00-10:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

Open Door Senior Fellowship of Calgary

1307 4 St SW
Calgary AB, T2R 0X9
Phone: (403) 269-7900
Fax: (403) 269-4916
Email: odsf@telus.net

Hours: Mon-Fri: 9:00 am-3:00 pm
Minimum Age: 55
Annual Membership Fee: \$12.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Information •Outreach •Recreation
•Transportation

Parkdale Nifty Fifties Seniors

3512 5 Ave NW
Calgary AB, T2N 0V7
Phone: (403) 283-0620
Fax: (403) 283-0602
Email: jeannettet@pdnf.org

Hours: Mon-Fri: 8:00 am-4:00 pm
Minimum Age: 40
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

Silver Springs 55 Plus Club

6440 Silver Ridge Way NW
Calgary AB, T3B 3X7
Phone: (403) 288-0598

Hours: Mon: 1:30-4:00 pm
Minimum Age: 74
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Food •Recreation

CALGARY

South Fish Creek 50+ Drop In

100-333 Shawville Blvd SE
Calgary AB, T2Y 4H3
Phone: (403) 201-8652
Fax: (403) 201-8657
Email: sonya@sfcra.com
Website: www.sfcra.com

Hours: Fri: 9:00 am-12:00 pm
Wheelchair Accessible

Services: •Computer •Food •Recreation

Springbank Heritage Club

244168 Range Rd 33
Calgary AB, T3Z 2E7
Phone: (403) 242-9350

Minimum Age: 55
Annual Membership Fee: \$25.00

Services: •Food •Health •Information •Outreach •Recreation •Transportation

St Andrew's Heights Community Association

2504 13 Ave NW
Calgary AB, T2N 1L8
Email: president@standrewsheights.ca
Website: www.standrewsheights.ca

Wheelchair Accessible

Services: •Facility Rentals •Recreation

The Good Companions 50 Plus Club

2609 19 Ave SW
Calgary AB, T3E 0E9
Phone: (403) 249-6991
Fax: (403) 246-0754
Email: goodcompanions50plus@shaw.ca

Hours: 9:00 am-4:30 pm
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Transportation

The Salvation Army Glenmore Temple Over 60 Club

921 68 Ave SW
Calgary AB, T2V 0N7
Phone: (403) 253-1700
Fax: (403) 253-8024
Email: office@glenmoretemple.com
Website: www.glenmoretemple.com

Hours: First and third Wed (except Jul and Aug)
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach

CALGARY

West Hillhurst Go-Getters Senior Citizen Association

1940 6 Ave NW
Calgary AB, T2N 0W3
Phone: (403) 283-3720
Fax: (403) 283-3726

Email: hillhurs@telusplanet.net
Website: www.westhillhurst.com

Hours: 8:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation ●Transportation

Wild Rose Seniors

4411 10 Ave SW
Calgary AB, T3C 0L9
Phone: (403) 242-0212

Hours: Tues: 12:45-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Food ●Recreation

CALMAR

Calmar & District Senior Citizens Club

4916 50 Ave
Calmar AB, T0C 0V0
Phone: (780) 985-3117

Minimum Age: 55
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Information ●Outreach ●Recreation
●Transportation

CAMROSE

Camrose and District Senior Society

5415 49 Ave
Camrose AB, T4V 0N6
Phone: (780) 672-7002
Email: camrsoc@cable-lynx.net
Website: www.camroseseniorcentre.ca

Hours: 10:00 am-12:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: ●Recreation ●Transportation

CANMORE

Canmore Seniors Association

600B 9 St
Canmore AB, T1W 3L9
Phone: (403) 678-2457
Email: csassoc@telus.net

Website:
www.canmoreseniorsassociation.org

Hours: Mon-Fri: 10:00 am-3:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

CARBON

New Horizons Seniors

PO Box 233
Carbon AB, T0M 0L0

Minimum Age: 45
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Outreach •Recreation

CARDSTON

Cardston Seniors Society

260 1 St W
Cardston AB, T0K 0K0
Phone: (403) 653-2569
Fax: (403) 653-2569

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

CARMANGAY

Carmangay Senior Citizens Club

415 Grand Ave
Carmangay AB, T0L 0N0
Phone: (403) 643-2251
Email: rickbowhay@netscape.ca

Hours: Tues: 8:00 am-4:00 pm
Minimum Age: 45
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

CAROLINE

Caroline & District Senior Citizens Drop In Center

5111 49 Ave
Caroline AB, T0M 0M0
Phone: (403) 722-3870

Hours: Wed: 1:30-4:00 pm, Third Mon:
5:00-9:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation ●Transportation ●Other

CARSTAIRS

Carstairs & Community Half Century Association

1139 Osler St
Carstairs AB, T0M 0N0
Phone: (403) 337-3904

Hours: Tues-Sat: 1:30-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation ●Other

CASLAN

Caslan Pioneer Club

PO Box 166
Caslan AB, T0A 0R0
Phone: (780) 689-2510

Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Food ●Health ●Outreach ●Recreation

CASTOR

Castor Golden Circle Club

51 St and 49 Ave
Castor AB, T0C 0X0
Phone: (403) 882-2214

Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Recreation ●Transportation

CEREAL

Cereal Golden Center Group

213 Main St
Cereal AB, T0J 0N0
Phone: (403) 326-3868

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

CHAMPION

Champion Pioneer Club

119 Main St
Champion AB, T0L 0R0
Phone: (403) 897-3983

Minimum Age: 50
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

CHAUVIN

Chauvin Seniors Drop-In

PO Box 361
Chauvin AB, T0B 0V0
Phone: (780) 858-3960
Email: psevig@telusplanet.net

Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation
•Transportation

CHESTERMERE

Chestermere Whitecappers Association

201 West Chestermere Dr
Chestermere AB, T1X 1B2
Phone: (403) 272-3764
Fax: (403) 272-3764
Email: wpeddles@telus.net

Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

CLAIRMONT

Clairmont and Area Senior Citizen Club

9801 100 Ave
Clairmont AB, T0H 0W1
Phone: (780) 567-2121

Hours: 6:30-10:30 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

CLANDONALD

Clandonald Friendship Centre

PO Box 516
Clandonald AB, T0B 0X0
Phone: (780) 853-2676
Fax: (780) 853-2672

Hours: Mon-Fri: 9:00 am-9:00 pm
Minimum Age: 55
Annual Membership Fee: \$3.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation

CLARESHOLM

Heritage Seniors Drop-In Centre

5009 2 St E
Claresholm AB, T0L 0T0
Phone: (403) 625-2877
Fax: (403) 625-2877

Hours: Mon-Sat: 9:00 am-5:00 pm
Minimum Age: 45
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

CLIVE

Clive Senior Circle

PO Box 165
Clive AB, T0C 0Y0
Phone: (403) 782-2409

Hours: Mon: Afternoons
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Health •Outreach •Recreation

COALDALE

Coaldale Senior Citizens Centre

1806 21 Ave
Coaldale AB, T1M 1E9
Phone: (403) 345-3508
Email: walter_annehuff@shaw.ca

Hours: Mon: 6:30-10.00 pm, Tues, Thurs:
12:30-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach
•Recreation

COALHURST

Coalhurst 55 Plus Social Society

5205 6 St
Coalhurst AB, T0L 0V0
Phone: (403) 381-3736
Email: jvcoombes@shaw.ca

Hours: Tues: 10:00-11:00 am, Wed: 9:30
am-9:00 pm, Thurs: 10:00-11:00 am, Fri:
9:30 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

COCHRANE

50 and Over Club

123 1 Ave
Cochrane AB, T4C 1A5
Phone: (403) 932-2625

Hours: Mon-Fri: 10:00 am-12:00 pm, 2:00-
4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00

Services: •Assistance •Food •Information •Outreach •Recreation

COLD LAKE

Cold Lake Senior's Society

1301 8 Ave
Cold Lake AB, T9M 1P3
Phone: (780) 639-0065
Fax: (780) 639-0045
Website: www.townlife.com

Hours: Tues-Fri: 8:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

CORONATION

Coronation Town and Country Golden Age Club

5001 Royal St
Coronation AB, T0C 1C0
Phone: (403) 578-2071
Fax: (403) 578-2071
Email: vivian@HitechISP.com

Hours: 2:00-5:00 pm
Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

COUTTS

Border Rascals

301 3 St W
Coutts AB, T0K 0N0
Phone: (403) 344-3994
Fax: (403) 344-4010
Email: edwicks@mrcable.ca

Hours: Thurs: 2:00 pm, Thurs monthly:
5:30 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation
•Transportation

CREMONA

Cremona Gold & Silver Society

113 Centre St
Cremona AB, T0M 0R0
Phone: (403) 337-2371

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation
•Transportation

CROSSFIELD

Crossfield Golden Key Club

1016 Chisholm Ave
Crossfield AB, T0M 0S0
Phone: (403) 946-5152

Hours: Mon-Fri: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Health •Information •Recreation

DARWELL

Interlake Golden Age Club

PO Box 132
Darwell AB, T0E 0L0
Phone: (780) 892-2457

Hours: Tues: 12:00-4:30 pm, Fri: 6:00-11:00 pm
Minimum Age: 50
Annual Membership Fee: \$12.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

DEBOLT

DeBolt Pioneer Centre

PO Box 503
DeBolt AB, T0H 1B0
Phone: (780) 957-3772

Minimum Age: 50
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Recreation •Transportation

DELBURNE

Delburne & District Drop In Association

PO Box 404
Delburne AB, T0M 0V0
Phone: (403) 749-2035

Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

DELIA

Delia and District Senior Citizens

Main St
Delia AB, T0J 0W0
Phone: (403) 364-3964
Email: onielsen@telusplanet.net

Hours: Tues, Thurs: 9:00 am-12:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Food •Recreation

DEVON

Devon Pioneer 73 Club

29 St. Lawrence Ave
Devon AB, T9G 1L4
Phone: (780) 987-2148

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

DEWBERRY

Dewberry Senior Citizens

91 Railway Ave
Dewberry AB, T0B 1G0
Phone: (780) 847-3868
Email: gmholmen@hmsinet.ca

Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

DIDSBURY

Didsbury & District Seniors Support Services

1811 20 St
Didsbury AB, T0M 0W0
Phone: (403) 335-4391
Fax: (403) 335-3265
Email: seniors@didsburychamber.ca

Hours: Mon-Fri: 9:30 am-12:30 pm
Wheelchair Accessible

Services: •Assistance •Health •Information •Outreach •Recreation •Transportation
•Other

DIXONVILLE

Golden Age Inn Club

PO Box 34
Dixonville AB, T0H 1E0
Phone: (780) 971-2402
Fax: (780) 971-2402

Minimum Age: 40
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

DONALDA

Donalda Coulee Friendship Club

PO Box 162
Donalda AB, T0B 1H0
Phone: (403) 883-2229

Hours: Sat: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Recreation

DONNELLY

Club Des Pionniers

4918 3 St
Donnelly AB, T0H 1G0
Phone: (780) 925-3884

Minimum Age: 45
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

DRAYTON VALLEY

Senior Citizens' Club of Drayton Valley

5138 52 Ave
Drayton Valley AB, T7A 1S4
Phone: (780) 542-4737
Fax: (780) 542-4737

Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Recreation

DRUMHELLER

Drumheller Pioneer Trail Society

160 3 Ave W
Drumheller AB, T0J 0Y0
Phone: (780) 823-6565

Hours: Mon-Sat: 9:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00

Services: •Assistance •Food •Health •Information •Outreach •Recreation

EAGLESHAM

Senior Social Centre Club

Main St
Eggleham AB, T0H 1H0
Phone: (780) 359-3782

Hours: Tues: 2:00-4:00 pm, Fri: 7:00-10:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Recreation

ECKVILLE

Eckville and District Friendship Club

5011 54 Ave
Eckville AB, T0M 0X0
Phone: (403) 746-3120

Hours: Mon-Thurs
Minimum Age: 18
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

Eckville Neighbourhood Place

5120 51 Ave
Eckville AB, T0M 0X0
Phone: (403) 746-2446
Fax: (403) 746-2414

Membership Fee: \$.00

Services: •Assistance •Computer •Health •Information •Recreation

EDBERG

Edberg and District Seniors Citizen's Society

56 Main St
Edberg AB, T0B 1J0
Phone: (780) 877-2437

Hours: 9:00 am-12:00 pm, Tues, Fri: 9:00
am-1:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

EDMONTON

Beverly Active Seniors Society (B.A.S.S.)

4209 111 Ave
Edmonton AB, T5W 0K3
Phone: (780) 471-6819
Email: beverlyactivesrsociety@hotmail.com

Hours: Mon: 7:00-10:00 pm, Tues-Thurs:
1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

EDMONTON

Calder Seniors Drop-In Centre

12963 120 St
Edmonton AB, T5E 5N8
Phone: (780) 451-1925
Fax: (780) 452-7537

Email: execald@telus.net

Website: www.calderseniors.org

Hours: 8:30 am-4:30 pm

Minimum Age: 55

Annual Membership Fee: \$15.00

Services: •Assistance •Food •Health •Information •Outreach •Recreation

Edmonton Seniors Centre

3Y-11111 Jasper Ave
Edmonton AB, T5K 0L4
Fax: (780) 342-8916

Email:

executive@edmontonseniorscentre.ca

Website: edmontonseniorscentre.ca

Hours: Mon-Fri: 9:00 am-4:00 pm

Minimum Age: 45

Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

Grace Lutheran Church Golden Agers

9907 114 St NW
Edmonton AB, T5K 1P7
Phone: (780) 488-7967
Fax: (780) 488-5675

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Food •Information

Heritage Senior's Stop In Centre

316 Saddleback Rd NW
Edmonton AB, T6J 4R7
Phone: (780) 434-5948

Hours: Mon-Sat: 9:00 am-4:00 pm

Minimum Age: 50

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Outreach •Recreation

Ital-Canadian Seniors Association

9111 110 Ave NW
Edmonton AB, T5H 4J9
Phone: (780) 424-1255
Email: itcansrs@telus.net

Website: www.ital-canadianseniors.org

Hours: Mon-Sun: 11:00 am-5:00 pm

Minimum Age: 55

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach
•Recreation

EDMONTON

La Fédération des Aînés Franco-Albertains

136, 8627 - 91 St
Edmonton AB, T6C 3N1
Phone: (780) 465-8965
Fax: (780) 468-6535
Email: bureau@fafalta.ca
Website: www.fafalta.ca

Hours: Mon-Thurs: 9:30 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Information •Transportation •Other

Luther Place Seniors

9009 163 St
Edmonton AB, T5R 2N8
Phone: (780) 486-5393
Fax: (780) 484-9323

Hours: 3rd Wed: 4:00-6:30 pm
Minimum Age: 55
Annual Membership Fee: \$3.00
Wheelchair Accessible

Services: •Food •Health •Recreation •Other

McCauley Seniors Drop-In

9526 106 Ave NW
Edmonton AB, T5H 0N2
Phone: (780) 429-2626
Fax: (780) 429-2629
Email: gail@ofss.org
Website: www.ofss.org

Hours: Mon-Fri: 8:00 am-6:30 pm, Sat-Sun: 10:30 am-6:30 pm
Minimum Age: 55
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation •Transportation •Other

Native Seniors Centre

Cottage E-10107 134 Ave
Edmonton AB, T5E 5J5
Phone: (780) 476-6595
Email: nsctr@telus.com
Website: www.nativeseniorscentre.ca

Hours: Mon-Fri: 8:30 am-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation
•Transportation

New Horizon Club

9115 75 St NW
Edmonton AB, T6C 4L3
Phone: (780) 469-6846
Website: www.edmontontemple.com

Hours: Tues-Fri: 9:00 am-4:00 pm
Minimum Age: 65
Wheelchair Accessible

Services: •Information •Outreach

EDMONTON

North Edmonton Seniors Association

7524 139 Ave NW
Edmonton AB, T5C 3H7
Phone: (780) 496-6969
Fax: (780) 496-4707
Email: info@nesa1.ca
Website: www.nesa1.ca

Hours: Mon-Fri: 8:30 am-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$30.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation

Petrolia Seniors

3803 114 St
Edmonton AB, T6J 1M3
Phone: (780) 434-9761
Email: LiLianm@shaw.ca

Wheelchair Accessible

Services: ●Food ●Other

Polish Canadian Congress

10647 67 St
Edmonton AB, T6A 2R9
Phone: (780) 469-7232

Services: ●Assistance ●Outreach

Pride Centre of Edmonton

9540 111 Ave
Edmonton AB, T5G 0A5
Phone: (780) 488-3240
Fax: (780) 482-2855
Email: jeff@pridecentreofedmonton.org
Website: www.pridecentreofedmonton.org

Hours: Mon-Sun 1:00-10:00 pm, Special
Seniors Days: Tues, Thurs: 1:00-5:00 pm
Minimum Age: 55
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation ●Other

Seniors Association of Greater Edmonton (SAGE)

15 Sir Winston Churchill Sq NW
Edmonton AB, T5J 2E5
Phone: (780) 423-5510
Fax: (780) 426-5175
Email: info@mysage.ca
Website: www.mysage.ca

Hours: Mon-Fri: 8:00 am-4:15 pm
Annual Membership Fee: \$21.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation ●Other

EDMONTON

Seniors Caring About Seniors

106-7814 83 St
Edmonton AB, T6C 2Y8
Phone: (780) 465-0311
Fax: (780) 461-7809
Email: email@sscas.com
Website: www.sscas.com

Hours: Mon-Fri: 10:00 am-4:00 pm
Minimum Age: 65
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Transportation

Seniors Stop In Centre

270-3210 118 Ave NW
Edmonton AB, T5W 4W1
Phone: (780) 474-4337

Hours: Mon-Fri: 10:00 am-3:00 pm
Minimum Age: 55
Wheelchair Accessible

Services: •Assistance •Food •Information •Recreation

South East Edmonton Seniors Association

9350 82 St
Edmonton AB, T6C 2X8
Phone: (780) 468-1985
Fax: (780) 440-6272
Email: info@seesa.ca
Website: www.seesa.ca

Hours: Mon-Fri: 8:30 am-4:30 pm, evening programs
Minimum Age: 55
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Other

South-West Seniors Outreach Society

10832 62 Ave NW
Edmonton AB, T6H 1N1
Phone: (780) 435-9515
Fax: (780) 435-9515
Email: swseniors@telus.net

Hours: Tues-Thurs: 9:00 am-3:00 pm (mid Sept-mid June)
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

Strathcona Place Senior Centre

10831 University Ave
Edmonton AB, T6E 4R1
Phone: (780) 433-5807
Fax: (780) 433-5282
Email: senctr@telus.net
Website: www.seniorcentre.org

Hours: Mon-Fri: 9:00 am-4:00 pm
Minimum Age: 60
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation •Other

EDMONTON

Towne Centre Seniors Drop In

308-2331 66 St NW
Edmonton AB, T6K 4B4
Phone: (780) 461-5230

Hours: Mon-Sat: 10:00 am-3:30 pm
Minimum Age: 55
Wheelchair Accessible

Services: •Food •Health

West Jasper Sherwood Senior Citizens Club

9620 152 St
Edmonton AB, T5R 1R3
Phone: (780) 489-6369

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Information •Recreation •Transportation

Westend Seniors Activity Centre

9629 176 St
Edmonton AB, T5T 6B3
Phone: (780) 483-1209
Fax: (780) 484-7738

Hours: Mon-Fri: 9:00 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$25.00
Wheelchair Accessible

Email: weseniors@westendseniors.com

Website:

www.westendseniorsactivitycentre.com

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation •Other

EDSON

Edson and District Oldtimer's Recreation Centre Society

4836 7 Ave
Edson AB, T7E 1K8
Phone: (780) 723-5777
Fax: (780) 723-5777

Hours: Mon-Fri: 10:00 am-3:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

ELK POINT

Pioneer Circle Elk Point Alberta

5010 48 St
Elk Point AB, T0A 1A0
Phone: (780) 724-3800
Fax: (780) 724-4303
Email: epfcss@telusplanet.net

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

ELNORA

Elnora Pioneer Club

428 3 Ave
Elnora AB, T0M 0Y0
Phone: (403) 773-3711

Hours: Daily
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Recreation

EMPRESS

Empress Friendship Centre

Centre St
Empress AB, T0J 1E0
Phone: (403) 565-2068

Hours: Mon, Wed, Fri: 7:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Recreation
•Transportation

ENCHANT

Enchant Senior Citizens

131 Centre St
Enchant AB, T0K 0V0
Phone: (403) 739-3951

Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach

ENTWISTLE

Entwistle Seniors 55 Plus Club

PO Box 471
Entwistle AB, T0E 0S0
Phone: (780) 727-2918

Hours: Tues, Fri: 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

FAIRVIEW

Fairview Golden Age Society

10307 110 St
Fairview AB, T0H 1L0
Phone: (780) 835-2515

Hours: Mon-Fri: 1:00-3:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Food •Information •Recreation

FALHER

Club Alouette Falher

101 Main St
Falher AB, T0H 1M0
Phone: (780) 925-2228
Fax: (780) 837-3325
Email: clubalou@telus.net

Hours: 9:00 am-5:30 pm
Minimum Age: 45
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

FALUN

Falun & District Senior Citizen's Club

PO Box 7
Falun AB, T0C 1H0
Phone: (780) 352-3073
Fax: (780) 352-3073

Hours: Tues: 7:00-9:30 pm, Wed: 1:00-3:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

FAUST

Faust Silver And Gold

23 and Centre St
Faust AB, T0G 0X0
Phone: (780) 355-3566
Fax: (780) 355-2493

Minimum Age: 70
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Recreation

FAWCETT

Fawcett Senior Citizens Centre

PO Box 24
Fawcett AB, T0G 0Y0
Phone: (780) 954-3886

Hours: Mon: 1:00-4:00 pm, Sat: 9:00 am-5:00 pm, 6:00-10:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

FERINTOSH

Little Beaver "Hi-U" Senior Centre

203 Glenmuier Ave
Ferintosh AB, T0B 1M0
Phone: (780) 877-3998

Hours: Mon-Sat
Minimum Age: 35
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Information •Outreach •Recreation

FLATBUSH

Flatbush Silver Threads

C/O Emil Schiller, Box 117
Flatbush AB, T0G 0Z0
Phone: (780) 681-3782
Fax: (780) 681-3782

Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

FOREMOST

Foremost Senior Citizens Centre

103 1 Ave E
Foremost AB, T0K 0X0
Phone: (403) 867-3969

Hours: 10:00-11:00 am
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Food •Recreation •Transportation

FORESTBURG

Forestburg Golden Age Club

Big Knife Villa, 4401 47 St
Forestburg AB, T0B 1N0
Phone: (780) 582-3941

Hours: Mon-Sat: 9:00 am-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation
•Transportation

FORT ASSINIBOINE

Fort Assiniboine Friendship Club

PO Box 32
Fort Assiniboine AB, T0G 1A0
Phone: (780) 584-2536

Hours: July-August: 11:00 am-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation •Other

FORT KENT

Fort Kent Senior Citizens Club

Main St
Fort Kent AB, T0A 1H0
Phone: (780) 826-5546

Minimum Age: 50
Membership Fee: \$100.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

FORT MACLEOD

Senior Citizens Welcome Mat

239 24 St
Fort MacLeod AB, T0L 0Z0
Phone: (403) 553-2179
Email: bamawf@yahoo.com

Hours: Mon-Sat: 9:30 am-12:00 pm, 1:30-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation
•Transportation

FORT MCMURRAY

Fort McMurray Golden Years Activity Centre

10111 Main St
Fort McMurray AB, T9H 2G6
Phone: (780) 743-4088
Fax: (780) 743-5063
Email: gys.1976@shawbiz.ca

Hours: Mon-Fri: 9:00 am-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Recreation •Transportation

FORT VERMILION

Fort Vermilion Senior's Drop In Centre

4801 River Rd
Fort Vermilion AB, T0H 1N0
Phone: (780) 927-4898

Hours: Mon, Wed, Fri: 1:00-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

FOX CREEK

Fox Creek Golden Circle Club

PO Box 998
Fox Creek AB, T0H 1P0
Phone: (403) 622-3794

Hours: Thurs, Fri: 7:00-10:00 pm
Minimum Age: 50
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

GIBBONS

Gibbons Seniors Twilight Club

4539 49 St
Gibbons AB, T0A 1N0
Phone: (780) 923-2030
Fax: (780) 923-2050

Hours: Mon-Fri: 8:30 am-12:00 pm, Mon-
Thurs: Evenings
Minimum Age: 50
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

GIROUXVILLE

Club Etoile D'Age D'Or De Girouxville

PO Box 334
Girouxville AB, T0H 1S0
Phone: (780) 323-4850

Minimum Age: 45
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

GLENDON

Glendon & District Senior Citizens Club

23, 1 Ave and 1 St E
Glendon AB, T0A 1P0
Phone: (780) 635-3768
Fax: (780) 635-4033
Email: pdoonanco@mcsnet.ca

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation
•Other

GLENWOOD

Aged Cheese Country Club

90 Main Ave
Glenwood AB, T0K 2R0
Phone: (403) 626-3690
Fax: (403) 626-3234

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Recreation

GRANDE CACHE

Big Horn Golden Age Club

9704 104 St
Grande Cache AB, T0E 0Y0
Phone: (780) 827-2373
Fax: (780) 827-3113

Hours: 7 days a week
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

GRANDE PRAIRIE

Grande Prairie & District Golden Age Centre

10222 101 Ave
Grande Prairie AB, T8V 0Y5
Phone: (780) 532-5818
Fax: (780) 532-5970
Email: gpgac@telus.net

Hours: 8:30 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

GRANUM

Granum Drop-In

306 Railway Ave
Granum AB, T0L 1A0
Phone: (403) 687-3840
Fax: (403) 687-3840
Email: granumdropin@shaw.ca

Hours: Mon-Fri: 7:00 am-12:00 pm, 2:00-
5:00 pm, Sat: 7:00 am-12:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

GRIMSHAW

New Horizons Drop-In Center

5004 50 Ave
Grimshaw AB, T0H 1W0
Phone: (780) 332-1412

Hours: 1:00-5:00 pm
Minimum Age: 18
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

GROUARD

Grouard Seniors Community Club

60A Mission St
Grouard AB, T0G 1C0
Phone: (780) 751-2039
Email: arlette1@telus.net

Hours: Wed: 10:00 am-2:00 pm, Third
Wed: 4:00-8:00 pm
Minimum Age: 50
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation •Other

GWYNNE

Crooked Lake Senior Citizen's Club

C/O Mable Glaser, GD
Gwynne AB, T0C 1L0
Phone: (780) 352-3587

Minimum Age: 60
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

HARDISTY

Hardisty Drop-In Centre

5003 50 St
Hardisty AB, T0B 1V0
Phone: (780) 888-2222
Fax: (780) 888-3598
Email: lizden@xplornet.com

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Recreation

HAY LAKES

Hay Lakes Senior Citizens Club

110 Main St
Hay Lakes AB, T0B 1W0
Phone: (780) 878-3316
Fax: (780) 878-3943
Email: wendy.rick@syban.net

Hours: Wed: 12:00-4:00 pm, Fri: 7:00-
10:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

HEINSBURG

Heinsburg Riverview Seniors'

PO Box 62
Heinsburg AB, T0A 1X0
Phone: (780) 943-3935

Hours: Thurs: 7:00-10:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation

HEISLER

Heisler Seniors Friendship Centre

Main St
Heisler AB, T0B 2A0

Hours: Wed, Thurs
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

HIGH PRAIRIE

High Prairie Golden Age Club

PO Box 435
High Prairie AB, T0G 1E0
Phone: (780) 523-3142

Hours: Tues-Fri: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation •Transportation

HIGH RIVER

High River Seniors Friendship Centre

504 7 St SW
High River AB, T1V 1B7
Phone: (780) 652-4149
Email: sk.rowland@shaw.ca

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

HILL SPRING

Hill Spring Cultural Society

11 2 Ave S
Hill Spring AB, T0K 1E0
Phone: (780) 626-3706
Fax: (403) 626-3089

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation

HINES CREEK

Hines Creek Drop-In Center

920 2 Ave
Hines Creek AB, T0H 2A0
Phone: (780) 494-3690
Fax: (780) 494-3605
Website: www.hinescreek.com

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation

HINTON

Hinton Good Companions

250 Hardisty Ave
Hinton AB, T7V 1B9

Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

HOLDEN

Holden Senior Club

4914 50 St
Holden AB, T0B 2C0
Phone: (780) 632-6814
Fax: (780) 632-6814

Minimum Age: 55
Annual Membership Fee: \$30.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

HUSSAR

Hussar Sundowners Seniors Club

120 Center St
Hussar AB, T0J 1S0
Phone: (403) 787-2429
Email: brucekaufman@telusplanet.net

Hours: 7:00-9:30 am, Mon: 2:00-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Health •Recreation

HYTHE

Hythe Golden Age Craft Center

10112 100 St
Hythe AB, T0H 2C0
Phone: (780) 356-2533

Hours: Thurs: 10:00 am-2:00 pm, 7:00-10:00 pm
Minimum Age: 60
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

INNISFAIL

Innisfail Seniors Drop-In Center

5049 53 St
Innisfail AB, T4G 1S7
Phone: (403) 227-6005
Email: jamjam1@telus.net

Minimum Age: 55
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Assistance •Information •Outreach •Recreation

INNISFREE

Innisfree Senior Centre

PO Box 73
Innisfree AB, T0B 2G0
Phone: (780) 592-2226

Hours: 10:00 am-3:00 pm
Minimum Age: 65
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Outreach •Recreation

IRMA

Irma New Horizons Drop-In Center

4913 50 Main St
Irma AB, T0B 2H0
Phone: (780) 754-3417

Hours: Mon-Fri: 2:00-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$50.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

IRRICANA

KIK Senior Citizens Club

519 5 St
Irricana AB, T0M 1B0
Phone: (403) 935-5506
Email: lynndb@efirehose.net

Hours: Wed
Minimum Age: 50
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation

IRVINE

Irvine & District New Horizons Senior Club

Main St
Irvine AB, T0J 1V0
Phone: (403) 527-1756
Fax: (403) 937-2123

Hours: Tues: 5:30-10:30 pm, Thurs: 7:00-10:30 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Food ●Outreach ●Recreation

ISLAY

Islay 50 - 100 Club

5035 50 St
Islay AB, T0B 2J0
Phone: (780) 744-3970

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: ●Food ●Health ●Information ●Recreation

JARVIE

Jarvie Community Drop-In Center

General Delivery
Jarvie AB, T0G 1H0
Phone: (780) 954-3928

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Recreation

JASPER

Jasper Senior's Society

303 Pyramid Ave
Jasper AB, T0E 1E0
Phone: (780) 852-3447

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation
•Transportation

JOUSSARD

Joussard Homesteaders Society

PO Box 12
Joussard AB, T0G 1J0
Phone: (780) 776-3781

Minimum Age: 50
Membership Fee: \$2.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

KILLAM

Killam Senior Citizens Society

4929 50 St
Killam AB, T0B 2L0

Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

KINUSO

Kinuso Seniors Center

PO Box 117
Kinuso AB, T0G 1K0
Phone: (780) 775-2135

Minimum Age: 55
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

KITSCOTY

Kitscoty and District Seniors Centre

4921 50 Ave
Kitscoty AB, T0B 2P0
Phone: (780) 846-2629

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

LA COREY

Willow Prairie Senior Citizens Club

PO Box 78
La Corey AB, T0A 2E0
Phone: (780) 826-5374

Hours: 12:00-4:00 pm
Minimum Age: 50
Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation

LA CRETE

La Crete Seniors Inn Society

10014 99 Ave
La Crete AB, T0H 2H0
Phone: (780) 928-2243

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Health •Recreation

LA GLACE

Twilight Centre of La Glace

9936 97 St
La Glace AB, T0H 2J0
Phone: (780) 568-4250
Fax: (780) 568-4707

Minimum Age: 60
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Facility Rentals •Health •Information •Outreach •Recreation
•Transportation

LACOMBE

Lacombe Kozy Korner Community Centre

5024 53 St
Lacombe AB, T4L 1J6
Phone: (403) 782-3827

Hours: 9:00 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Recreation •Transportation

LAMONT

Lamont New Horizons Seniors Drop In Centre

5203 52 St
Lamont AB, T0B 2R0
Phone: (780) 895-2014
Fax: (780) 895-2014

Hours: Daily: 1:00-4:00 pm, Mon, Tues,
Thurs: 10:00-11:00 am, Tues: 7:00-9:00
pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

LAVOY

Senior Citizen Golden Centre of Lavoy

PO Box 3
Lavoy AB, T0B 2S0
Phone: (780) 658-2427
Fax: (780) 658-2571
Email: jj1961@rjvnet.ca

Hours: Tues, Thurs: 2:00-5:00 pm, Sat:
7:00-11:00 pm
Minimum Age: 45
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Recreation

LEDUC

Leduc & District Senior Citizens Club

4907 46 St
Leduc AB, T9E 5V9
Phone: (780) 986-6160
Email: telfordhouse@shaw.ca

Hours: Mon-Fri
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

LEGAL

Club 60 Roses

5305 46 St
Legal AB, T0G 1L0
Phone: (780) 961-3041
Fax: (780) 961-3435

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

LESLIEVILLE

Leslieville Leisure Club

PO Box 184
Leslieville AB, T0M 1H0
Phone: (403) 729-3895

Hours: Tues: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Recreation

LETHBRIDGE

Lethbridge Senior Citizens Organization

500 11 St S
Lethbridge AB, T1J 4G7
Phone: (403) 320-2222
Fax: (403) 320-2762

Email: janv33@lethseniors.com
Website: www.lethseniors.com

Hours: Mon-Fri: 8:00 am-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$45.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

Nord-Bridge Senior Citizens Association

1904 13 Ave N
Lethbridge AB, T1H 4W9
Phone: (403) 329-3222
Fax: (403) 329-8824

Email: friendly@nordbridgeseniors.com
Website: www.nordbridgeseniors.com

Hours: Mon-Fri: 8:30 am-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$45.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation •Other

Readymade 50 Plus Club

PO Box 761
Lethbridge AB, T1J 3Z6
Phone: (403) 345-3823
Email: jmttemp@shockware.com

Minimum Age: 50
Annual Membership Fee: \$10.00

Services: •Assistance •Food •Health •Information •Recreation

Tonarigumi Lethbridge and District Japanese Senior Citizens Drop In Centre

470 40 St S
Lethbridge AB, T1J 3Z5
Phone: (403) 327-1260
Fax: (403) 327-7587

Hours: Tues: 12:00-4:00 pm
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

LINDEN

Linden Seniors Care & Share

1 St SE
Linden AB, T0M 1J0
Phone: (403) 546-2243
Fax: (403) 546-0023

Hours: Tues: 10:00 am-12:00 pm, Wed:
7:00-10:00 pm, Thurs: 1:00-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation •Transportation

LLOYDMINSTER

Legacy Centre

5101 46 St
Lloydminster AB, T9V 3B8
Phone: (780) 875-4584
Fax: (780) 875-4582
Email: legacyc@telus.net

Hours: 8:00 am-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$20.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach
•Recreation

LOMOND

Lomond Sunshine Drop-In Centre

115 1 St S
Lomond AB, T0L 1G0
Phone: (403) 792-3748
Fax: (403) 792-3949
Email: thalhcs@wildroseinternet.ca

Hours: 9:30-11:00 am, Mon, Wed: 7:00-
10:00 pm
Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

LOUGHEED

Lougheed Seniors' Welcome Club

5014 50 St
Lougheed AB, T0B 2V0
Phone: (780) 386-2293

Hours: Mon, Wed: afternoons, Fri: evenings
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation

MALLAIG

Mallaig & District Senior Citizens Club

PO Box 136
Mallaig AB, T0A 2K0
Phone: (780) 645-5881

Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Health •Recreation

MANNING

Seniors Citizens of Star Centre

PO Box 577
Manning AB, T0H 2M0
Phone: (780) 836-3750

Minimum Age: 55
Annual Membership Fee: \$5.00

Services: •Facility Rentals •Food •Information •Outreach •Recreation

MANNVILLE

Mannville Senior Citizen's Golden Age Club

5035 50 St
Mannville AB, T0B 2W0
Phone: (780) 763-3556

Hours: Mon-Sun: 9:00 am-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

MARWAYNE

Marwayne Senior Citizens Society

Main St
Marwayne AB, T0B 2X0
Phone: (780) 847-2589
Email: phoebevines@hotmail.com

Hours: Wed: afternoons
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

MAYERTHORPE

Mayerthorpe Friendship Center

4909 52 St
Mayerthorpe AB, T0E 1N0
Phone: (780) 786-4153

Hours: Mon-Fri: 9:30 am-12:00 pm
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

MCLENNAN

McLennan Golden Age Club

10 3 Ave NE
McLennan AB, T0H 2L0
Phone: (780) 324-2123

Hours: 7:30 am-12:00 pm
Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

MEDICINE HAT

Veiner Centre

225 Woodman Ave SE
Medicine Hat AB, T1A 3H2
Phone: (403) 529-8383
Fax: (403) 529-8382

Email: veiner@medicinehat.ca

Website: www.medicinehat.ca/veiner

Hours: Mon-Fri: 8:00 am-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$30.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

MILK RIVER

Milk River and District Seniors Society

229 Main St NW
Milk River AB, T0K 1M0
Phone: (403) 647-2411
Email: khskip@mrcable.ca

Minimum Age: 60
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

MILLET

Millet and District Seniors

Millet Legion #229, 5156 50 Ave
Millet AB, T0C 1Z0
Phone: (780) 387-4216

Hours: 2nd Wed: 1:00-3:00 pm
Minimum Age: 50
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Food •Health

MORINVILLE

Morinville Seniors' Rendez-Vous Centre

9913 104 St
Morinville AB, T8R 1R9
Phone: (780) 939-2727
Fax: (780) 939-7796

Email: msvc@telus.net

Website: www.morinvilleseiorsclub.org

Minimum Age: 50

Annual Membership Fee: \$20.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation

MULHURST BAY

Mulhurst Seniors

5705 49 St
Mulhurst Bay AB, T0C 2C0
Phone: (780) 389-2448

Hours: Wed: 1:00-4:00 pm, every third

Thurs: 1:00-4:00 pm

Minimum Age: 55

Annual Membership Fee: \$3.00

Wheelchair Accessible

Services: •Health •Information •Outreach •Recreation

MUNDARE

Mundare Senior Citizens Club

5224 50 St
Mundare AB, T0B 3H0
Phone: (780) 764-3959

Minimum Age: 50

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

MYRNAM

Myrnam Senior Citizens Centre

5006 49 St
Myrnam AB, T0B 3K0
Phone: (403) 366-3731

Hours: Mon, Thurs: 1:00-3:30 pm, Wed:

6:30-9:30 pm, Sun: 7:00-10:00 pm

Minimum Age: 45

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

NAMAO

Namao 60+ Club

Mailing Address: 236-13441 127 St
Edmonton AB, T5L 5B6
Phone: (780) 455-5041
Fax: (780) 939-2893

Hours: First and Third Thurs: 1:00-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$2.00
Wheelchair Accessible

Services: •Assistance •Food •Outreach •Recreation •Transportation

NAMPA

Nampa Golden Pioneers Drop-In Center

10203 100 Ave
Nampa AB, T0H 2R0
Phone: (780) 322-2373

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Outreach •Recreation
•Transportation

NANTON

Town and Country Kosy Korner

2211 20 St
Nanton AB, T0L 1R0
Phone: (403) 646-2384

Hours: Mon-Fri: 9:00 am-12:00 pm, 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

OKOTOKS

Okotoks & District Seniors Club

204 Community Way
Okotoks AB, T1S 1B3
Phone: (403) 995-4107
Email: oktosen1@telus.net

Hours: Mon-Fri: 10:00 am-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Information •Outreach •Recreation •Other

OLDS

Olds and District Evergreen Seniors Club

5237 52 St

Olds AB, T4H 1H7

Phone: (403) 556-8515

Email: cbullick@telus.net

Minimum Age: 55

Annual Membership Fee: \$15.00

Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Information •Outreach
•Recreation •Transportation

ONOWAY

Onoway Golden Club

5123 49 Ave

Onoway AB, T0E 1V0

Phone: (780) 967-0475

Hours: Tues: 12:00-7:00 pm

Minimum Age: 55

Annual Membership Fee: \$5.00

Wheelchair Accessible

Services: •Food •Recreation

OYEN

Oyen & District Seniors Recreation Centre

219 2 St W

Oyen AB, T0J 2J0

Phone: (403) 664-2115

Minimum Age: 50

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Recreation
•Transportation

PEACE RIVER

Peace River Seniors Citizens Club

PO Box 5173

Peace River AB, T8S 1R8

Phone: (780) 624-2700

Fax: (780) 624-2700

Minimum Age: 50

Annual Membership Fee: \$10.00

Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation

PEERS

Peers Silver Threads Club

PO Box 202
Peers AB, T0E 1W0
Phone: (780) 693-3787
Email: Inordell@xplornet.com

Minimum Age: 55
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Recreation

PENHOLD

Penhold and District Senior Citizens Drop In Centre

3001 Minto St
Penhold AB, T0M 1R0
Phone: (403) 886-2999

Hours: Tues, Thurs: 2:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Recreation

PICTURE BUTTE

Picture Butte Happy Oldtimers

607 Highway Ave
Picture Butte AB, T0K 1V0
Phone: (403) 732-4481
Email: aebranch@shaw.ca

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation •Transportation

PINCHER CREEK

Fred Huddlestun Senior Citizens Centre

867 Main St
Pincher Creek AB, T0K 1W0
Phone: (403) 627-4519
Email: ccbrown@shaw.ca

Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Information •Outreach •Recreation

PLAMONDON

Plamondon Pioneer Club

PO Box 560
Plamondon AB, T0A 2T0
Phone: (780) 798-3239
Email: dmenard@mcsnet.ca

Minimum Age: 45
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Health ●Information
●Outreach ●Recreation ●Transportation

PROVOST

Provost Senior Citizen's Society

PO Box 431
Provost AB, T0B 3S0
Phone: (780) 753-2732
Email: Ruthis@telus.net

Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: ●Facility Rentals ●Food ●Health ●Information ●Recreation

RAYMOND

Raymond and District Seniors Centre

PO Box 134
Raymond AB, T0K 2S0
Phone: (403) 752-3222
Email: ross@pudge.ca

Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation

RED DEER

The Red Deer Senior Citizen's Downtown House

5414 43 St
Red Deer AB, T4N 1C9
Phone: (403) 346-4043
Fax: (403) 346-4043
Email: scitizen@telus.net

Hours: Mon-Fri: 9:00 am-4:00 pm
Minimum Age: 18
Annual Membership Fee: \$12.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Outreach ●Recreation
●Transportation

REDWATER

Redwater & District Pioneer Club

4916 50 St
Redwater AB, T0A 2W0
Phone: (780) 942-3326
Fax: (780) 942-3326

Hours: Mon, Thurs: 8:30-10:30 am, Tues,
Thurs: 1:30-3:30 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

RIMBEY

Rimbey & District Drop-In Centre

5101 53 Ave
Rimbey AB, T0C 2J0
Phone: (403) 843-2012

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

ROCHESTER

Rochester Golden Age Club

PO Box 183
Rochester AB, T0G 1Z0
Phone: (780) 698-2447

Hours: Mon: 1:00-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

ROCKYFORD

Rockyford Friendship Club

111 Main St
Rockyford AB, T0J 2R0
Phone: (403) 533-2155

Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Outreach •Recreation

ROLLING HILLS

Rolling Hills Senior Citizens Club

PO Box 203
Rolling Hills AB, T0J 2S0
Phone: (403) 964-2425

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Health •Outreach •Recreation

ROSEMARY

Rosemary New Horizons

Centre St
Rosemary AB, T0J 2W0
Phone: (403) 378-4266
Email: wiebevl@telus.net

Minimum Age: 55
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Information •Recreation

RYCROFT

Rycroft Merry Pioneers

4717 50 St
Rycroft AB, T0H 3A0
Phone: (780) 765-3060
Email: medika@telus.net

Hours: Mon-Sat: 9:00 am-5:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach
•Recreation

SANGUDO

Sangudo Golden Club

4927 50 Ave
Sangudo AB, T0E 2A0
Phone: (780) 785-3744

Hours: Mon: 10:00 am-12:00 pm, 1:30-2:30 pm, Thurs: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

SEBA BEACH

Seba Beach Seniors Golden Age Club

109 1 St S
Seba Beach AB, T0E 2B0
Phone: (780) 797-3087

Hours: Tues, Wed, Sat: 10:00 am-3:00 pm
Minimum Age: 50
Annual Membership Fee: \$15.00

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation •Other

SEXSMITH

Sexsmith & District Seniors Association

9702 97 Ave
Sexsmith AB, T0H 3C0
Phone: (780) 568-4513

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Information ●Outreach
●Recreation ●Transportation

SHERWOOD PARK

Sherwood Park 55 Plus Club

50A Spruce Ave
Sherwood Park AB, T8A 2G1
Phone: (780) 467-8389
Fax: (780) 467-8389
Email: office@55plusclub.ca
Website: www.55plusclub.ca

Hours: Mon-Fri: 9:30 am-4:00 pm; Mon,
Wed, Thurs, Sat: 6:30-10:00 pm
Minimum Age: 55
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: ●Assistance ●Computer ●Facility Rentals ●Food ●Information ●Recreation

SLAVE LAKE

Slave Lake Pioneers

PO Box 947
Slave Lake AB, T0G 2A0
Phone: (780) 849-5117

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Outreach ●Recreation

SMITH

Smith Half Century Plus Association

610 9 St
Smith AB, T0G 2B0
Phone: (780) 829-3773

Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: ●Assistance ●Facility Rentals ●Food ●Health ●Outreach ●Recreation
●Transportation

SMOKY LAKE

Senior Citizens Club Drop-In Centre

124 White Earth St
Smoky Lake AB, T0A 3C0
Phone: (780) 656-3552

Hours: Mon-Fri: 9:00 am-5:00 pm
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

SPIRIT RIVER

Happy Hour Club

5015 47 Ave
Spirit River AB, T0H 3G0
Phone: (780) 864-0232

Hours: Tues, Thurs, Sat
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation •Transportation

SPRUCE GROVE

Spruce Grove Golden Age Club

301 Jespersen Ave
Spruce Grove AB, T7X 3A4
Phone: (780) 962-5020

Minimum Age: 55
Annual Membership Fee: \$30.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Health •Recreation

ST. ALBERT

St Albert Senior Citizens' Club

7 Tache St
St. Albert AB, T8N 2S3
Phone: (780) 459-0433
Fax: (780) 459-9588
Email: info@stalbertseniorsclub.org
Website: www.stalbertseniorsclub.org

Hours: Mon-Fri: 8:30 am-4:30 pm
Minimum Age: 50
Annual Membership Fee: \$47.50
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation

ST. ISIDORE

Club du Bon Temps

PO Box 1105
St. Isidore AB, T0H 3B0
Phone: (780) 624-8370

Hours: Wed, Sat
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation •Transportation

ST. PAUL

Centennial Senior Citizen Opportunity Club

5114 49 St
St. Paul AB, T0A 3A2
Phone: (780) 645-2929

Hours: 1:00-4:00 pm, 4 days a week
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Information •Outreach •Recreation

Seniors Drop-In Centre

5114 49 Ave
St. Paul AB, T0A 3A4
Phone: (780) 645-2739

Minimum Age: 55
Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Outreach •Recreation

St Paul Senior Citizen's Club

4809 47 St
St. Paul AB, T0A 3A3
Phone: (780) 645-5566

Hours: 8:30 am-4:30 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation •Transportation

STANDARD

Standard Seniors Young At Heart Club

PO Box 327
Standard AB, T0J 3G0
Phone: (403) 644-2129

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation •Transportation

STAVELY

Stavely Golden Age Center

5026 50 Ave
Stavely AB, T0L 1Z0
Phone: (403) 549-3933

Hours: Mon-Fri: 1:00-5:00 pm
Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Health •Information •Outreach •Recreation

STETTLER

Stettler & District Senior Citizens Drop-In Centre

5009 48 St
Stettler AB, T0C 2L0
Phone: (403) 742-6556

Hours: Daily
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

STONY PLAIN

Koinonia New Horizons Seniors Club

17 Hendrie Dr
Stony Plain AB, T7Z 2S5
Phone: (780) 963-6840
Fax: (780) 963-6803

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

Senior Citizens Society of Stony Plain

5018 51 Ave
Stony Plain AB, T7Z 1C2
Phone: (780) 963-4707

Hours: 8:30-11:00 am, 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Recreation

STROME

Strome Senior Centre

5120 50 St
Strome AB, T0B 4H0
Phone: (780) 376-3571

Hours: 6:00-11:00 am
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation

SUNDRE

Greenwood Neighborhood Place

5-310 Centre St N
Sundre AB, T0M 1X0
Phone: (403) 638-1011
Fax: (403) 638-1012
Email: gnplace@telusplanet.net

Hours: Mon: 10:00 am-4:00 pm, Tues-
Thurs: 8:30 am-4:00 pm, Fri: 10:00 am-
4:00 pm
Membership Fee: \$.00

Services: •Assistance •Health •Information •Outreach

Sundre West Country Centre

4-101 2 Ave NW
Sundre AB, T0M 1X0
Phone: (403) 638-3298

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Outreach •Recreation

SYLVAN LAKE

Sylvan Lake Seniors Association

4908 50 Ave
Sylvan Lake AB, T4S 1C9
Phone: (403) 887-5490

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

TABER

Parkside Manor of Taber

4830 50 Ave
Taber AB, T1G 1H1
Phone: (403) 223-4247

Hours: Mon-Sat: 9:00 am-5:00 pm
Annual Membership Fee: \$10.00

Services: •Facility Rentals •Food •Health •Recreation

TEES

Tees 50+ Club

Railway Ave and McNabb St
Tees AB, T0C 2N0
Phone: (403) 782-7417

Hours: Tues: 12:00-4:30 pm
Minimum Age: 50
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

THORHILD

Thorhild Golden Age Drop In Center

702 2 St
Thorhild AB, T0A 3J0
Phone: (780) 398-3530
Email: spkolach@moderndigital.net

Hours: 10:00 am-3:00 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation

THORSBY

Thorsby Senior Citizens Club 55+

4812 51 St
Thorsby AB, T0C 2P0
Phone: (780) 789-0131
Email: kae@persona.ca

Hours: Mon, Wed: 1:00-4:00 pm, Thurs,
Fri: 6:00-10:00 pm
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

THREE HILLS

Seniors Outreach

499 3 Ave SE
Three Hills AB, T0M 2A0
Phone: (403) 443-2555
Fax: (403) 443-7755
Email: seniorso@telus.net
Website: www.3hillsoutreach.com

Hours: Mon-Fri: 10:00 am-12:00 pm
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation
•Transportation

TOFIELD

Tofield Golden Club

5004 54 Ave
Tofield AB, T0B 4J0
Phone: (780) 662-3029
Email: kayned@telus.net

Hours: Mon-Sat: 8:00-11:00 am
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Outreach •Recreation

TORRINGTON

Silver Willow Senior Citizens Society

113 Centre St
Torrington AB, T0M 2B0
Phone: (403) 631-3731

Hours: Mon-Fri
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Recreation

TROCHU

Trochu & District Senior Citizens Association

311 Main St
Trochu AB, T0M 2C0
Phone: (403) 442-3972
Email: donnpri@persona.ca

Hours: 9:00-11:30 am, 2:00-4:30 pm
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Information •Outreach •Recreation

TURNER VALLEY

Valley Neighbour's Club

133 Sunset Blvd
Turner Valley AB, T0L 2A0
Phone: (403) 933-4445

Minimum Age: 18
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Information •Outreach •Recreation
•Transportation

TWO HILLS

Two Hills Senior Citizens Centre

4903 47 Ave
Two Hills AB, T0B 4K0
Phone: (780) 657-2922
Email: ethel_a@telusplanet.net

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

VALLEYVIEW

Valleyview and District Sunvalley Pioneer Center

5104 48 Ave
Valleyview AB, T0H 3N0
Phone: (780) 524-2015

Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Information •Outreach
•Recreation •Transportation

VAUXHALL

Vauxhall & District Senior Citizens Club

PO Box 751
Vauxhall AB, T0K 2K0
Phone: (403) 654-2763

Hours: Mon-Fri
Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Health •Recreation

VIKING

Viking Senior Citizens' Club

5024 53 Ave
Viking AB, T0B 4N0
Phone: (780) 336-2152
Fax: (780) 336-4725

Minimum Age: 40
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

VILLENEUVE

Villeneuve Senior's Drop-In Centre

Mailing Address: 61-54200 Range Rd 265
Stony Plain AB, T7Z 2S5
Phone: (780) 963-6336
Email: lorraine.stlaurent@telus.net

Hours: Monday: 1:30-4:30 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Food •Recreation

VULCAN

Vulcan Senior Citizens Centre

303 Centre St
Vulcan AB, T0L 2B0
Phone: (403) 485-2723
Fax: (403) 485-2723
Email: vscc@telus.net

Hours: Mon-Sat: 9:00 am-12:00 pm, 1:00-5:00 pm
Minimum Age: 50
Annual Membership Fee: \$25.00
Wheelchair Accessible

Services: •Assistance •Computer •Food •Health •Information •Outreach
•Recreation

WABAMUN

Wabamun and District Seniors Centre

5133 51 Ave
Wabamun AB, T0E 2K0
Phone: (780) 892-3026
Email: jackdlatham@aol.com

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation •Transportation •Other

WANDERING RIVER

Wandering River Seniors Drop-In Center

5016 53 St
Wandering River AB, T0A 3M0
Phone: (780) 771-3733

Hours: Mon-Fri: 9:30 am-12:00 pm
Minimum Age: 45
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Information
•Outreach •Recreation

WANHAM

Birch Hills Seniors Centre

Main St and 2 St S
Wanham AB, T0H 3P0
Phone: (780) 694-3944

Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Health •Information •Recreation

WARBURG

Warburg Senior's Centre

Main St
Warburg AB, T0C 2T0
Phone: (780) 848-2402

Minimum Age: 55
Annual Membership Fee: \$15.00

Services: •Facility Rentals •Food •Information •Outreach •Recreation
•Transportation

WARNER

Warner Seniors Citizens Drop In Centre

103 3 Ave
Warner AB, T0K 2L0
Phone: (403) 642-3939

Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Assistance •Food •Health •Recreation

WEMBLEY

Silver & Gold Pioneer Club

9816 101 St
Wembley AB, T0H 3S0
Phone: (780) 766-2444
Email: aldred01@telus.net

Hours: Mon-Fri: 9:00 am-12:00 pm, Tues:
1:00-4:00 pm, Fri: 7:00-10:30 pm
Minimum Age: 50
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Computer •Facility Rentals •Food •Health •Recreation •Transportation
•Other

WESTLOCK

Linaria Senior Citizens Association

RR 1
Westlock AB, T7P 2N9
Phone: (780) 349-2549

Minimum Age: 50
Annual Membership Fee: \$1.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Outreach •Recreation

WESTLOCK

Westlock Golden Age Club

10248 105 St
Westlock AB, T7P 1W1
Phone: (780) 349-4100
Email: gnthomas@telusplanet.net

Hours: 1:00-4:00 pm
Minimum Age: 55
Annual Membership Fee: \$10.00
Wheelchair Accessible

Services: •Outreach •Recreation

WETASKIWIN

Wetaskiwin Senior Citizens Society

5216 54 St
Wetaskiwin AB, T9A 2X1
Phone: (780) 352-4646
Fax: (780) 352-8225
Email: wscs@incentre.net

Hours: Mon-Fri: 8:30 am-4:30 pm
Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Computer •Facility Rentals •Food •Health •Outreach
•Recreation

WHITECOURT

Whitecourt Seniors Circle

5212 50 St
Whitecourt AB, T7S 1P6
Phone: (780) 778-4950

Minimum Age: 50
Annual Membership Fee: \$15.00
Wheelchair Accessible

Services: •Assistance •Facility Rentals •Food •Recreation

WORSLEY

Worsley Pioneer Club

417 Jubilee St
Worsley AB, T0H 3W0
Phone: (780) 685-2078

Hours: Wed: 1:00-4:00 pm
Minimum Age: 50
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Facility Rentals •Food •Recreation

YOUNGSTOWN

Youngstown 50 Plus Club

218 Main St
Youngstown AB, T0J 3P0
Phone: (403) 779-3411

Minimum Age: 55
Annual Membership Fee: \$5.00
Wheelchair Accessible

Services: •Food •Recreation

www.seniors.alberta.ca

Directory of Seniors' Centres in Alberta
Alberta Seniors and Community Supports
PO Box 3100
Edmonton, Alberta T5J 4W3

Alberta Supports Contact Centre
Toll-free: 1-877-644-9992
Edmonton area: 780-644-9992

**Deaf or hard of hearing with TTD/TTY units please
call 1-800-232-7215 or 780-427-9999 in Edmonton**

**Government
of Alberta ■**